

SAMPLE DIY MENU

*Be sure to know the number of attendees and $\,$ include event participants from your own team

- Cold cuts (1/4lb per person for each type of meat)
- Cheese (1 slice per person per type)
- Sandwich roll, white / wheat from the bakery (one of each type per person)
- Mayo, golden mustard
- Salad Greens (*layout so that the attendee can select as a salad or garnish for a sandwich) (average 1 cup per person
- **Dressings:** Italian, French, Ranch
- Hot dish: (depending on the time of year) is a nice touch, baked ziti, chili, macaroni and cheese (average 1/2 cup per person

- **Cold salad:** macaroni, potato (average 1/2 cup per person)
- Relish Tray: 1 lg jar dill slices, 2 lg jar bread and butter slices
- **Kettle Chips:** offer a bit of a crunch with lunch!
- **Desert:** Finger Cookies go over well; Chocolate Chip, Oatmeal (average 1 of each kind per person)
- Drinks: Mini Water bottles and soda cans (mix of diet, brown and clear soda, water)
- Ice bucket

SAMPLE SHOPPING LIST (Based on 15 Attendees)

*Allow for at least 20 sandwiches

Note: Prices are included for informational purposes only, pricing will vary from region to region. sure to know the number of attendees and include event participants from your own team.

From the Deli:

- 3.5lbs turkey breast (\$25-32)
- 1.5lb ham (\$10-15)
- 1.5lb salami (\$8-12)
- 1.5lb American Cheese (\$8-15)

save on time) to pre-order a meat platter.

- 1.5lb Swiss (\$8-15)
- 5lbs macaroni salad (\$8-22)

Miscellaneous Aisles:

- Kettle Chips (\$3-7)
- Mayonnaise (\$6-8)
- Golden Mustard (\$3-5)
- Dressings (Italian, French, Ranch) (\$6-12)

*Consult your local deli, it may be more cost-effective (and

- Dill Pickle Slices 16 oz (\$3-5)
- Sweet Pickle Slices 16 oz (\$3-5)

Beverages:

- 12 Mini Water (\$4-12)
- 6 Diet Pepsi (\$4-6)
- 6 Diet Coke (\$4-6)6 Coke (\$4-6)
- 6 Pepsi (\$4-6)
- 6 Sprite / 7 Up (\$4-6)

From the Bakery:

- 20 rolls (\$15-25)
- 1 ½ dozen Chocolate Chip Cookies (\$6-20)
- 1 ½ dozen Oatmeal Cookies (\$6-20) 5lbs macaroni salad (\$8-22)

From Produce:

- Chopped Romaine Lettuce; 2 bags (\$5-10)
- Sweet Onion (1 large, 2 Med) (\$1-3)